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Resilience may be an art, the ultimate art of living, but it has recently been subjected to the scrutiny of science. This much is known so far. At the heart of resilience is a belief in oneself—yet...

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It is a deeply political issue, fundamental to the new doctrine of 'resilience' that is becoming a key term of art for governing planetary life in the 21st Century. No longer should we think in terms of evading the possibility of traumatic experiences.

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